

SA Orange and Rockland NY Intergroup Meetings

Sunday	Zev's Office Topic 7:00-8:00 AM	The New City (M) Big Book Study 9:15-10:15 AM	The New City (M) Tradition/White Book/Celebration 10:30-11:45 AM	The New City (M) White Book Study 7:00-8:00 PM	The New City Step Of the Month 8:15-9:45 PM 1 st Sunday of the month only
Monday	Spring Valley White Book 6:00-6:30 AM	The New City (M) Meditation 7:15-8:00 AM	The New City (M) Big Book 8:30-9:30 PM	Pomona Step Into Action 9:00-10:00 PM	Monroe (M) Topic 9:15-10:15 PM
Tuesday	Spring Valley White Book 6:00-6:30 AM	Zev's Office Big Book 7:00-8:00 AM	The New City (M) Meditation 7:15-8:00 AM	The New City (M) Member Stories 1:00-2:00 PM	The New City (M) Topic 8:30-9:30 PM
Wednesday	The New City (M) Step Into Action 7:15-8:00 AM	The New City (M) Step Into Action 8:30-9:30 PM	Pomona Step Into Action 9:00-10:00 PM	The New City (M) White Book/Big Book 9:45-11:00 PM	Women's Only (W) 8:30-9:30 PM
Thursday	Spring Valley White Book 6:00-6:30 AM	The New City (M) Meditation 7:15-8:00 AM	The New City (M) Step/Writing 8:30-9:30 PM	Monroe (M) Various 9:15-10:15 PM	The New City (M) White Book (Yiddish) 10:00-11:00 PM
Friday	Zev's Office Topic 7:00-8:00 AM	The New City (M) Meditation 7:15-8:00 AM	The New City (M) 12&12 1:00-2:00 PM		
Saturday	Forshay Meeting time and place vary. Please call 413- 728-9903	Monsey Meeting time and place vary. Please call 413- 728-9903	Monroe Meeting time and place vary. Please call 347-628-2584	Airmont Meeting time and place vary. Please call 413-728-9903	The New City Step Meeting 9:00-10:15 PM * * time may vary, please call for exact time 413-728-9903

(M) Men's Only

(W) Women's Only

Meeting Locations and Info

Location	Address	Notes
The New City	Please call 413-728-9903 for address	
Zev's Office	450 Route 304, New City, NY 10956	Conference room
Monroe	Please call 413-728-9903 for address	
Pomona	Unitarian Universalist Congregation of Rockland County 130 Concklin Rd., Pomona NY, Just off Palisades Exit 12	Park in rear
Spring Valley	Please call 413-728-9903 for address	
Women's Only	Please email monseywomensmeeting@gmail.com for address	

Orange & Rockland NY Intergroup, Email: info@sarockland.com, Phone: 413-728-9903, Web: www.sarockland.com

For Daily Phone Meetings, please visit <http://www.sa.org/docs/phnflyer.pdf>

For NYC Meetings; please visit www.sanyc.org

For New Jersey Meetings (including Passaic, Lakewood), please visit <http://www.njessay.org>

For Lower Hudson Valley Intergroup Meetings (including White Plains), please call 914-286-7677

International Central Office, Phone: 866-824-8777, Web: www.sa.org

Last Updated: April 16, 2021